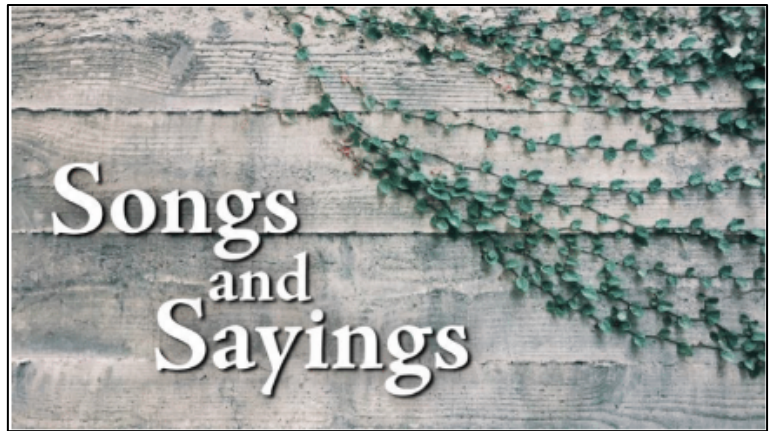


Songs and Sayings

You Protect Me (6.7.20)

S Scripture
O Observation
A Application
P Prayer



No matter the foe, God is the deliverer.

- What's one thing that stood out to you this week? Why do you think it grabbed you?
- Who or what do people look to for deliverance? Why do we do that?
- How do you imagine someone who, if they were attacked, it would be viewed as an attack on God, too?
- Have you spent much time in the Psalms before? Why or why not? Do you have a favorite Psalm?

Read: Psalm 3

- Have you ever been told that God would not save you from something? What was that like?
- David says he wakes up because God sustains him. Take a moment to breathe in and breathe out slowly, thinking of God giving breath to Adam. Any thoughts come to mind as you focus on your breath?
- How can we not be afraid despite the countless enemies in the world?
- Was David right to pray verse 7 asking God to strike his enemies? Why or why not?
- What does it look like for God to provide deliverance?

Prayer: Pray for the confidence to rely on God's protection.