

## Social Media

### Social Media Feed (ME!) (10.14.18)

**S** Scripture  
**O** Observation  
**A** Application  
**P** Prayer



**Main Point: Ask “How is this investment of time changing me?”**

- What’s one idea from the message that stood out to you? Why do you think it grabbed you?
- What was your first social media platform? How many are you currently active on?
- How much time would you guess that you spend scrolling through various social media feeds?

**Read:** Proverbs 12:11, 23-27

- What are some of the positive time investments that you make with social media? What are some of the negative investments?
- How are the algorithms that select what we see both positive and negative?
- Do you have a way of limiting yourself to time spent on social media?
- Why do you think we don’t realize how much time we spend on social media?
- Proverb 12:23 says fools broadcast their foolishness. Have you been caught in a “discussion” (argument, if we’re honest) that has broadcasted your foolishness?
- Have you ever committed to avoiding all social media for a certain amount of time? Would you be willing to do so? Why or why not?

**Prayer:** Pray that you are conscious of how your time is being spent.