

RESET

Your Story (1.9.22)

S Scripture
O Observation
A Application
P Prayer



When Jesus is at the center of your life, you will experience balance.

How can you tell when you're in a season that is out of balance?
What are your "symptoms?"

Read: Psalm 24:1-6

- Frank said that acknowledging God as creator means more than just accepting that he created everything. It means recognizing his divine authority in our lives. It means accepting that he is in control and we are not. Why do we struggle with acknowledging God as our final authority?
- What is the evidence in our lives that we *do* acknowledge God as creator?
- Putting God at the center of your life means intentionally seeking him. How do you seek God in your life?
- Frank said that centering your life on Jesus means adding, subtracting, and multiplying. The thing he suggested you add is journaling. He suggested you subtract things that distract you. Multiplying means repeating what you're doing. How is that all going? What are you finding successful? Where are you struggling? How can your group help?

Read: Romans 11:36 and Acts 17:28

- What do these two texts say about the Christ-centered life?
- How can you – through the add, subtract, multiply formula above – make these two verses a reality in your own life?

Talk: How can you and the other people in your small group help each other be successful journaling?

Prayer: Pray that each of you will have the wisdom and discipline to add journaling, subtract distractions, and multiply (repeat) your efforts to center your life on Jesus.