

# Regrets

Looking Back 5/8/16

**S** Scripture  
**O** Observation  
**A** Application  
**P** Prayer



- What's one idea from the message that stood out to you? Why do you think it grabbed you?
- What does "regret" mean to you?
- On your death bed, what is something you want to have as part of your life's story (a particular item, vacation, relationship, etc.) so that you can say you don't regret not having it when your time comes?
- What do you think of the thought, "I regret nothing, because the events of my life have made me who I am."?

**Read:** Titus 3:3-7 and Ephesians 2:1-6.

- Why do you think we struggle to see ourselves as redeemed more often than as the sinful beings we used to be?
- When we are baptized, we are born again. The Greek for "born again" literally means that we come into being again. What we are after baptism is a completely new creation that did not exist before we entered the water. How does this view affect how you see yourself as a Christ-follower?
- How can our mistakes, the things we regret, be used for good?
- If you're comfortable, please share something from your past that God has redeemed for His glory.
- Both of the passages mention that we were sinful before being redeemed. How can this truth help us interact with others coming to terms with their own regrets and sinfulness?

**Prayer:** Pray that we will allow God to use the mistakes in our lives for His glory.