## Mourned (10.16.22)

- S Scripture
- O Observation
- A Application
- P Prayer



## Faith is not a solo sport.

- What's been good for you so far this fall?
- What's been difficult?

Read: Lamentations 5:1-7

• How do you deal with suffering and evil as a Christian? Are Christians supposed to be happy all the time? How do you know that?

Read: Lamentations 5:8-14

• The chaos and pain felt by each of these groups of people was overwhelming. Has there been a time in your life when you've been overwhelmed by grief? How did you cope?

Read: Lamentations 5:15-18

• These verses paint a poignant picture of grief. If you had to describe the experience of grief, what would you say?

Read: Lamentations 5:19-20

• Lamentations gives no easy answers to human suffering. We learn from it that God doesn't expect us to keep silent about our pain or our grief. Hebrews 4:14-16 has the other side of this story. How does it provide comfort?

*The following questions are from the* Immerse Poets *book, and will be the same each week. They cover that week's reading:* 

- What stood out to you this week?
- Was there anything confusing or troubling?
- Did anything make you think differently about God?
- How might this change the way we live?

**Prayer:** *Pray the Immerse prayer this week. It's found inside the front cover of your* Immerse: Poets *book.*