

Killing what's Killing You

Bitterness and Anger (1.26.20)

S Scripture
O Observation
A Application
P Prayer



Forgiven people should be forgiving people.

- What's one idea from the message that stood out to you? Why do you think it grabbed you?
- When you're angry, what do you do to deal with the anger?
- What does forgiveness mean to you?

Read: John 10:10, Ephesians 4:26-32, 1 Timothy 1:13-14, Luke 23:34.

- How can God give you life to the full?
- What makes anger righteous? How can righteous anger be dangerous?
- What do you think is the practical application for "do not let the sun go down on your anger?"
- Do the people involved in a situation affect how easy it is for you to forgive? Why or why not?
- What makes it easier or harder to forgive?
- How does forgiveness help with anger?
- What does forgiveness look like?

Prayer: Pray that you remember how much you've been forgiven when dealing with your anger.