## Killing what's Killing You

Guilty and Shame (1.19.20)

- S Scripture
- O Observation
- A Application
- P Prayer



## My past will remind me; it will not define me.

- What's one idea from the message that stood out to you? Why do you think it grabbed you?
- If someone asks you to describe yourself, what do you say?
- What lists do you find helpful? Why?
- What lists are unhelpful? Why?

Read: John 10:10, Titus 3:3-7.

- How did you feel about the writing exercise? What did you put on your list, if you feel comfortable sharing?
- What negatives in the Titus passage do you relate to?
- What would you put on a positive list for who you are after becoming a Christian?
- How can your past remind you without defining you?
- What does having the hope of eternal life do for how you live your life?
- If you're a Christian, what do you feel like is/has been different in your life since making that choice?

**Prayer:** Pray that you see yourself the way God sees you.