

## Face the Mirror

James 1:13-18 (6.20.21)

**S** Scripture  
**O** Observation  
**A** Application  
**P** Prayer



**Temptation is a process, not an event.**

**ICE BREAKER: What is a process you hate, that leads to an outcome you love?**

**Read: James 1:13-14**

- Why are we so prone to blame others (even God!) for our sin, rather than taking responsibility for it?
- The devil is a master at customizing temptation. If you're comfortable sharing, what is the custom temptation the devil knows you're vulnerable to?

**Read: James 1:15**

- This sobering verse details the process of temptation and sin. What are your thoughts on the way James described it?
- That we so often give in to sin reveals we aren't as concerned about the natural outcome of unchecked sin as we ought to be. Why is that?
- Frank talked about the importance of knowing when and where you're most vulnerable to temptation. He shared an acronym – HALT (hungry, angry, lonely, tired) – that can help you know when you're most susceptible. Do these resonate with you? Why? Are there others you're aware of?

**Read: Ecclesiastes 4:12**

- Why is it so important to enlist others in your battle against temptation?

**Read: Lamentations 3:22-23**

- What promise does this verse hold for us when we're given in to temptation?

**Prayer:** Pray James 1:17. Ask God to help you live with gratitude.